

This program is for the whole community!

*Parent participation welcome, and a tuition discount can be applied!*



## TEEN MENTORS WANTED

Qualified teens are welcome to attend free while serving as camp counselors.

*Community service hours are available for helping out.*



- ◆ Camp Sessions run Monday to Friday 9 am to 3 pm.
- ◆ Rate: \$300/1 wk, \$500/2 wks
- ◆ 10% off for 2nd child in family and 15% off for 3 or more
- ◆ Registration is OPEN NOW!  
Please secure enrollment with a \$50 deposit. A registration form and more details will be sent to you upon receipt.
- ◆ Balance due two weeks prior to camp date.

### **REGISTRATION:**

**970-482-1620**

**Or Email**

**[office@unityfc.org](mailto:office@unityfc.org)**



1401 West Vine Drive,  
Fort Collins, Colorado  
970-482-1620  
[www.unityfc.org](http://www.unityfc.org)



## **KIDS' CAMP 2025**

June 16-20

at Unity

June 23-27

At Polestar

# **Building Our World Together**

**Sponsored by**

**Unity of Fort Collins and  
Polestar Gardens Community**



## Meet our directors

Susan Bakel Cohn holds Montessori certifications at Five Levels: Early Childhood, Lower Elementary, Upper Elementary, Adolescence, and Teacher Training for the Primary classroom. She has taught children from 3 to 15 years of age, adult learners and youth summer camps for over 15 years in California, Arkansas and Kansas.



Nancy Hughes is Youth & Family Director at Unity of Ft Collins. She is passionate about young people's growth. Nancy draws on her strong educational background to help kids realize their highest potential, and she finds joy in witnessing each child's unique development.



## Fun activities for kids ages 5-12

- ◆ *Art & creative works*
- ◆ *Gardening*
- ◆ *Meditation / Labyrinth*
- ◆ *Water Games*
- ◆ *Building Projects*
- ◆ *Storytelling*
- ◆ *Bee Keeping*
- ◆ *Drumming / Music*
- ◆ *Creative Cooking*

## Building our World Together

### A community-based program for awakening joy in our children

Unity and Polestar Gardens are once again hosting a summer camp supporting the physical, mental and spiritual well-being of our children. This year we will be at both Unity and the Happy Heart Farm, nurturing and celebrating the holistic development of children aged 5 to 12 years old through a variety of experiences.

Morning activities, hosted by camp staff, community members and parents, will feature play, music, yoga, meditation and service; weaving hearts and minds into a caring and conscious community. These activities promote mindfulness and a greater sense of connection to themselves and each other while providing tools to regulate emotions and reduce stress.

Service projects and gardening will help children develop a sense of responsibility and empathy towards others, teach them practical skills such as teamwork and problem-solving, and support a deep respect for the natural world. Weaving in outdoor sporting activities and various life skills will keep them active and build confidence.